

Bridging Health and Housing

SPEAKERS

- 1. CARTER FLORENCE, Meals on Wheels America
- 2. SEAN L. WALKER, The Home Depot Foundation
- 3. MAURICE ELDER, LifeCare Alliance
- 4. CHRIS ESTES, Rebuilding Together
- 5. DAN SARGENT, Rebuilding Together of the Triangle
- 6. DENNIS STREETS, Chatham Co. Council on Aging

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Bridging Health & Housing - Overview



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Overview PURPOSE MEALS@WHEELS*AMERICA Overview PURPOSE AUXILIARY AND AUXILIARY AUXILI

Where do you fit?

Housing is important to health.

and

My program is aware that it is important.

Housing is essential to good health.

and

My program is actively working to address this issue.

Place your first dot on the bridge.

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Overview

AGENDA

- Health = Housing
- Vignette:
 - The Home Depot Foundation & LifeCare Alliance
- · Hear from you & Stretch Break
- Vignette:
 - · Rebuilding Together & Chatham Co. Council on Aging
- Hear from you & Stretch Break
- · Let's get to work!
- Wrap-up & Key Takeaways

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Let's dive in.

HEALTH = HOUSING





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Housing

As it relates to health

Basic Need

- · Yet, one of the most dangerous places
- 40% of U.S. homes have at least one health or safety hazard.1



1. National Center for Healthy Housing 2017

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Hazards run the gamut

Home Hazard

- Paint
- Water leakage

Holes or cracks

- Lack complete plumbing
- · Lack of adequate heat/air

Health Conditions

- Asthma
- Lead Poisoning
- Unintentional injuries (Falls, CO poisoning)
- Lung Cancer
- · Heat stroke

Neither list is exhaustive

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Cost

Each year, housing related health hazards cost the U.S. 100s of billions of dollars.¹

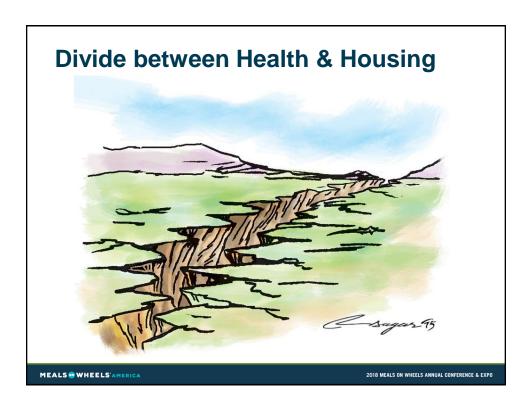


Cost of falls for older adults 2

They are Preventable!

- 1. U.S. 2017 Healthy Housing Fact Sheet National Center for Healthy Housing
- 2. Florence et al 2018

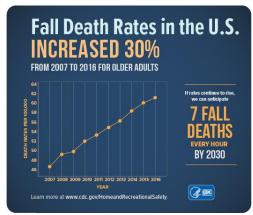
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Main Challenges to Aging in Place

Environmental & Individual

1. In-home accidents are rising in frequency.



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Main Challenges to Aging in Place

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2. Homes are poorly suited to accommodate aging at home.





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Main Challenges to Aging in Place

Environmental & Individual

3. Home modifications are not easy or affordable.





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