

OUR STRATEGIC PLAN *to* END *the* WAIT™

For far too long, the pressing needs of the seniors have been underfunded and ignored, leaving millions in need of nutritious meals and moments of connection.

That's why Meals on Wheels America launched a bigger, bolder plan to End the Wait.



SENIORS ARE WAITING FOR AMERICA TO CARE

12 MILLION
SENIORS FACE
FOOD INSECURITY

31%
OF SENIORS
FEEL LONELY

1/3 OF MEALS ON
WHEELS PROGRAMS
HAVE A WAITLIST

VOLUNTEERISM IS AT
ITS LOWEST IN NEARLY
2 DECADES

FEDERAL FUNDING ONLY COVERS
37% OF MEALS ON WHEELS
PROGRAM COSTS

1% OF
PHILANTHROPIC
DONATIONS GO TO
SENIOR CAUSES

MEALS ON WHEELS REMAINS THE MOST EFFECTIVE SOLUTION TO SENIOR HUNGER AND ISOLATION



251 MILLION
MEALS SERVED ANNUALLY

MEALS ON WHEELS
PROGRAMS OPERATE IN
**NEARLY EVERY
COMMUNITY**



64% OF LOCAL PROGRAMS
ARE CONFIDENT THEY COULD
**SERVE MORE SENIORS
WITH MORE FUNDING**

WE CAN'T WAIT ANY LONGER. MEALS ON WHEELS AMERICA IS TAKING ACTION NOW.

We are changing how this country works together to champion senior health and wellbeing. We will:



SCALE NATIONAL PROGRAMMING

to build local capacity and drive locally-led solutions.



GROW PARTNERSHIPS

to scale services for communities with greatest need.



LEVERAGE OUR INFLUENCE

to raise awareness and drive change across systems, practices and policies.

WE WILL INCREASE THE CAPACITY AND CAPABILITY OF OUR NETWORK TO SERVE MORE AND SERVE BETTER.

SERVE MORE

With a holistic approach, our network will meet the growing needs of seniors and ensure that everyone who needs Meals on Wheels gets it.

SERVE BETTER

By increasing capacity and partnerships at multiple levels, Meals on Wheels America will extend local organizations' ability to deliver tailored nutrition and enhanced social connection services.

AND TO DEEPEN OUR IMPACT FASTER, WE'RE FOCUSED ON SERVING SENIORS IN RURAL COMMUNITIES, IN COMMUNITIES OF COLOR AND WITH MULTIPLE CHRONIC CONDITIONS.

JOIN US AND HELP END THE WAIT.

WWW.MEALSONWHEELSAMERICA.ORG/OURPLAN