

# DELIVERING SO MUCH MORE THAN JUST A MEAL IN HAWAII

## HAWAII'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population <sup>1</sup>	350,887 (25%)	Rank: 9 <sup>th</sup> in U.S.
Seniors threatened by hunger (marginally food insecure)	45,615 (13%)	Rank: 43 <sup>rd</sup> in U.S.
Seniors at risk of hunger (food insecure)	15,790 (5%)	Rank: 45 <sup>th</sup> in U.S.
Seniors facing hunger (very low food secure)	7,720 (2%)	Rank: 36 <sup>th</sup> in U.S.
State ranking for risk of social isolation <sup>2</sup>	29 <sup>th</sup> in U.S.	

## MANY FACTORS CAN CREATE DISPARITIES AND MAKE SENIORS EVEN MORE VULNERABLE

Black or African American	1%	Hispanic or Latino	3%	Native American/Alaskan or Hawaiian/Pacific Islander	7%
Seniors self-reporting "fair to poor" health	21%	Seniors with a disability	28%		
Seniors living alone	17%	Seniors living below the poverty line	8%		
Seniors who lack income to pay for basic living needs	Singles: 53%		Couples: 27%		

## INADEQUATE NUTRITION AND LIMITED SOCIAL CONTACT HAVE HEALTH CONSEQUENCES THAT AFFECT INDIVIDUALS, OUR HEALTHCARE SYSTEM AND THE ECONOMY

Seniors experiencing falls with injury	8%	Preventable hospitalizations <sup>3</sup>	20 per 1,000
Hospital readmissions within 30 days <sup>3</sup>	14%	Total Medicare spending (in billions)	\$2.04

## OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN HAWAII ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO SENIORS AT RISK OF HUNGER AND ISOLATION

	Title III-C Nutrition Program		Title VI Grants for Native Americans	
	Seniors served	Meals served	Seniors served	Meals served
Congregate meals	2,836	192,042	557	19,918
Home-delivered meals	3,233	455,059	98	14,699
<b>Total</b>	<b>6,069</b>	<b>647,101</b>	<b>655</b>	<b>34,617</b>

## PROFILE OF SENIORS RECEIVING OAA TITLE III SERVICES <sup>4</sup>

Live alone	34%	Live below the poverty line	19%
Live in a rural area	58%	Women	67%
Black or African American	1%	Hispanic or Latino	4%
		Native American or Hawaiian/Pacific Islander	9%

## FUNDING FOR THESE PROGRAMS VARIES BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate meals	Home-delivered meals	Total
OAA Title III expenditures	\$945,099	\$1,001,762	\$1,946,861 (39%)
Total expenditures	\$1,331,409	\$3,602,519	\$4,933,928

## TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN HAWAII CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 home-delivered / congregate meal <sup>5</sup>	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$13.06 / \$15.42	\$2,644	\$383

## MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

Notes: <sup>1</sup> Senior population and hunger: lower number ranking = higher percent; <sup>2</sup> Social isolation: lower number ranking = higher isolation risk; <sup>3</sup> Among Medicare beneficiaries of all ages; <sup>4</sup> Includes Title III registered services not limited to meals; <sup>5</sup> Inflation-adjusted regional average

