

DELIVERING SO MUCH MORE THAN JUST A MEAL IN MICHIGAN

MICHIGAN'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population ¹	2,403,130 (24%)	Rank: 13 th in U.S.
Seniors threatened by hunger (marginally food insecure)	406,129 (17%)	Rank: 29 th in U.S.
Seniors at risk of hunger (food insecure)	187,444 (8%)	Rank: 22 nd in U.S.
Seniors facing hunger (very low food secure)	57,675 (2%)	Rank: 28 th in U.S.
State ranking for risk of social isolation ²	23 rd in U.S.	

MANY FACTORS CAN CREATE DISPARITIES AND MAKE SENIORS EVEN MORE VULNERABLE

Black or African American	11%	Hispanic or Latino	2%	Native American/Alaskan or Hawaiian/Pacific Islander	<1%
Seniors self-reporting "fair to poor" health	23%	Seniors with a disability	30%		
Seniors living alone	26%	Seniors living below the poverty line	10%		
Seniors who lack income to pay for basic living needs	Singles: 44%		Couples: 19%		

INADEQUATE NUTRITION AND LIMITED SOCIAL CONTACT HAVE HEALTH CONSEQUENCES THAT AFFECT INDIVIDUALS, OUR HEALTHCARE SYSTEM AND THE ECONOMY

Seniors experiencing falls with injury	10%	Preventable hospitalizations ³	48 per 1,000
Hospital readmissions within 30 days ³	16%	Total Medicare spending (in billions)	\$20.97

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN MICHIGAN ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO SENIORS AT RISK OF HUNGER AND ISOLATION

	Title III-C Nutrition Program		Title VI Grants for Native Americans	
	Seniors served	Meals served	Seniors served	Meals served
Congregate meals	51,429	2,099,775	2,901	71,128
Home-delivered meals	52,294	8,415,399	263	31,471
Total	103,723	10,515,174	3,164	102,599

PROFILE OF SENIORS RECEIVING OAA TITLE III SERVICES ⁴

Live alone	41%	Live below the poverty line	29%
Live in a rural area	47%	Women	63%
Black or African American	15%	Hispanic or Latino	1%
		Native American or Hawaiian/Pacific Islander	1%

FUNDING FOR THESE PROGRAMS VARIES BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate meals	Home-delivered meals	Total
OAA Title III expenditures	\$9,362,784	\$16,540,187	\$25,902,971 (50%)
Total expenditures	\$15,218,874	\$36,995,597	\$52,214,471

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN MICHIGAN CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 home-delivered / congregate meal ⁵	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$11.82 / \$13.23	\$2,400	\$275

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

Notes: ¹ Senior population and hunger: lower number ranking = higher percent; ² Social isolation: lower number ranking = higher isolation risk; ³ Among Medicare beneficiaries of all ages; ⁴ Includes Title III registered services not limited to meals; ⁵ Inflation-adjusted regional average

