

AMERICA'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population	73,701,470 (22%)
Seniors threatened by hunger (marginally food insecure)	9,677,458 (13%)
Seniors at risk of hunger (food insecure)	5,311,688 (7%)
Seniors facing hunger (very low food secure)	1,964,597 (3%)

MANY FACTORS CAN CREATE DISPARITIES AND MAKE SENIORS EVEN MORE VULNERABLE

Black or African American	10%	Hispanic or Latino	10%	Native American/Alaskan or Hawaiian/Pacific Islander	1%
Seniors self-reporting "fair to poor" health	26%	Seniors with a disability	30%		
Seniors living alone	24%	Seniors living below the poverty line	10%		
Seniors who lack income to pay for basic living needs	Singles: 50%		Couples: 23%		

INADEQUATE NUTRITION AND LIMITED SOCIAL CONTACT HAVE HEALTH CONSEQUENCES THAT AFFECT INDIVIDUALS, OUR HEALTHCARE SYSTEM AND THE ECONOMY

Seniors experiencing falls with injury	10%	Preventable hospitalizations ¹	42 per 1,000
Hospital readmissions within 30 days ¹	16%	Total Medicare spending (in billions)	\$580.58

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO SENIORS AT RISK OF HUNGER AND ISOLATION

	Title III-C Nutrition Program		Title VI Grants for Native Americans	
	Seniors served	Meals served	Seniors served	Meals served
Congregate meals	1,522,555	73,644,475	65,408	2,582,166
Home-delivered meals	871,680	146,995,222	22,117	2,611,089
Total	2,394,235	220,639,697	5,193,255	5,193,255

PROFILE OF SENIORS RECEIVING OAA TITLE III SERVICES ²

Live alone	45%	Live below the poverty line	33%
Live in a rural area	35%	Women	63%
Black or African American	14%	Hispanic or Latino	13%
		Native American or Hawaiian/Pacific Islander	2%

FUNDING FOR THESE PROGRAMS VARIES BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate meals	Home-delivered meals	Total
OAA Title III expenditures	\$310,527,403	\$316,983,465	\$627,510,868 (39%)
Total expenditures	\$663,420,275	\$937,633,470	\$1,601,053,745

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE OUR NATION'S SENIORS CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 home-delivered / congregate meal ³	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$11.51 / \$11.91	\$2,517	\$247

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

Notes: ¹ Among Medicare beneficiaries of all ages; ² Includes Title III registered services not limited to meals; ³ Inflation-adjusted regional average

