

DELIVERING SO MUCH MORE THAN JUST A MEAL IN NEW YORK

NEW YORK'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population ¹	4,449,462 (23%)	Rank: 27 th in U.S.
Seniors threatened by hunger (marginally food insecure)	827,600 (19%)	Rank: 20 th in U.S.
Seniors at risk of hunger (food insecure)	302,563 (7%)	Rank: 30 th in U.S.
Seniors facing hunger (very low food secure)	124,585 (3%)	Rank: 22 nd in U.S.
State ranking for risk of social isolation ²	7 th in U.S.	

MANY FACTORS CAN CREATE DISPARITIES AND MAKE SENIORS EVEN MORE VULNERABLE

Black or African American	12%	Hispanic or Latino	12%	Native American/Alaskan or Hawaiian/Pacific Islander	<1%
Seniors self-reporting "fair to poor" health	26%	Seniors with a disability	27%		
Seniors living alone	26%	Seniors living below the poverty line	12%		
Seniors who lack income to pay for basic living needs	Singles: 60%		Couples: 30%		

INADEQUATE NUTRITION AND LIMITED SOCIAL CONTACT HAVE HEALTH CONSEQUENCES THAT AFFECT INDIVIDUALS, OUR HEALTHCARE SYSTEM AND THE ECONOMY

Seniors experiencing falls with injury	10%	Preventable hospitalizations ³	42 per 1,000
Hospital readmissions within 30 days ³	17%	Total Medicare spending (in billions)	\$39.93

OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN NEW YORK ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO SENIORS AT RISK OF HUNGER AND ISOLATION

	Title III-C Nutrition Program		Title VI Grants for Native Americans	
	Seniors served	Meals served	Seniors served	Meals served
Congregate meals	196,547	9,313,226	444	17,128
Home-delivered meals	63,825	13,087,021	193	32,973
Total	260,372	22,400,247	637	50,101

PROFILE OF SENIORS RECEIVING OAA TITLE III SERVICES ⁴

Live alone	43%	Live below the poverty line	32%
Live in a rural area	14%	Women	65%
Black or African American	15%	Hispanic or Latino	19%
		Native American or Hawaiian/Pacific Islander	1%

FUNDING FOR THESE PROGRAMS VARIES BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate meals	Home-delivered meals	Total
OAA Title III expenditures	\$26,956,283	\$14,242,060	\$41,198,343 (21%)
Total expenditures	\$110,123,351	\$89,881,720	\$200,005,071

TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN NEW YORK CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 home-delivered / congregate meal ⁵	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$11.88 / \$10.21	\$2,877	\$382

MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

Notes: ¹ Senior population and hunger: lower number ranking = higher percent; ² Social isolation: lower number ranking = higher isolation risk; ³ Among Medicare beneficiaries of all ages; ⁴ Includes Title III registered services not limited to meals; ⁵ Inflation-adjusted regional average

