

# DELIVERING SO MUCH MORE THAN JUST A MEAL IN WISCONSIN

## WISCONSIN'S SENIOR POPULATION STRUGGLES WITH HUNGER AND ISOLATION

Senior population <sup>1</sup>	1,380,293 (24%)	Rank: 17 <sup>th</sup> in U.S.
Seniors threatened by hunger (marginally food insecure)	155,973 (11%)	Rank: 46 <sup>th</sup> in U.S.
Seniors at risk of hunger (food insecure)	55,212 (4%)	Rank: 48 <sup>th</sup> in U.S.
Seniors facing hunger (very low food secure)	17,944 (1%)	Rank: 49 <sup>th</sup> in U.S.
State ranking for risk of social isolation <sup>2</sup>	40 <sup>th</sup> in U.S.	

## MANY FACTORS CAN CREATE DISPARITIES AND MAKE SENIORS EVEN MORE VULNERABLE

Black or African American	3%	Hispanic or Latino	2%	Native American/Alaskan or Hawaiian/Pacific Islander	1%
Seniors self-reporting "fair to poor" health	22%	Seniors with a disability	26%		
Seniors living alone	26%	Seniors living below the poverty line	8%		
Seniors who lack income to pay for basic living needs	Singles: 46%		Couples: 21%		

## INADEQUATE NUTRITION AND LIMITED SOCIAL CONTACT HAVE HEALTH CONSEQUENCES THAT AFFECT INDIVIDUALS, OUR HEALTHCARE SYSTEM AND THE ECONOMY

Seniors experiencing falls with injury	7%	Preventable hospitalizations <sup>3</sup>	37 per 1,000
Hospital readmissions within 30 days <sup>3</sup>	15%	Total Medicare spending (in billions)	\$9.83

## OLDER AMERICANS ACT (OAA) NUTRITION PROGRAMS IN WISCONSIN ARE DELIVERING NUTRITIOUS MEALS, FRIENDLY VISITS AND SAFETY CHECKS TO SENIORS AT RISK OF HUNGER AND ISOLATION

	Title III-C Nutrition Program		Title VI Grants for Native Americans	
	Seniors served	Meals served	Seniors served	Meals served
Congregate meals	47,510	1,462,990	1,230	60,274
Home-delivered meals	21,133	2,312,988	578	82,066
<b>Total</b>	<b>68,643</b>	<b>3,775,978</b>	<b>1,808</b>	<b>142,340</b>

## PROFILE OF SENIORS RECEIVING OAA TITLE III SERVICES <sup>4</sup>

Live alone	48%	Live below the poverty line	23%
Live in a rural area	68%	Women	63%
Black or African American	3%	Hispanic or Latino	2%
		Native American or Hawaiian/Pacific Islander	2%

## FUNDING FOR THESE PROGRAMS VARIES BASED ON THE NEEDS AND RESOURCES OF THE COMMUNITY, AND ARE MADE UP OF FEDERAL, STATE, LOCAL AND PRIVATE DOLLARS

	Congregate meals	Home-delivered meals	Total
OAA Title III expenditures	\$10,713,955	\$7,756,241	\$18,470,196 (48%)
Total expenditures	\$19,253,136	\$19,528,035	\$38,781,171

## TOGETHER, WE MUST INVEST MORE FULLY IN MEALS ON WHEELS TO ENSURE VULNERABLE SENIORS IN WISCONSIN CAN REMAIN HEALTHIER AT HOME, AVOIDING MORE COSTLY HEALTHCARE FACILITIES

Cost of 1 home-delivered / congregate meal <sup>5</sup>	Cost of 1 day in a hospital	Cost of 1 day in a nursing home
\$11.82 / \$13.23	\$2,528	\$272

## MEALS ON WHEELS PROVIDES A SOLUTION THAT SERVES US ALL

Notes: <sup>1</sup> Senior population and hunger: lower number ranking = higher percent; <sup>2</sup> Social isolation: lower number ranking = higher isolation risk; <sup>3</sup> Among Medicare beneficiaries of all ages; <sup>4</sup> Includes Title III registered services not limited to meals; <sup>5</sup> Inflation-adjusted regional average

